

Healthy

SCHOOL TEAMS

What is a Healthy School Team?

Healthy School Teams work to improve school wellness.

All schools are required to establish healthy school teams to monitor compliance with competitive food rules and regulations. Healthy School Teams are composed of representatives from the community and the school district who come together to strategize and advise their school on how to create a healthier school environment by meeting the district's local school wellness policy and the Smart Snacks in School standards.

As a member of this team, you can be involved in the decisions that will affect the health and academic success of children in your school.

Being on the Healthy School Team will give you the opportunity to:

- Assist with the evaluation of all food and beverages sold on the school campus to ensure they are compliant with the Smart Snacks standards, state fundraiser policies and local requirements.
- Share the success of the school in meeting wellness goals and the Smart Snacks standards within the district.

Responsibilities of the Healthy School Team:

- Creating healthier school environments by only offering nutritious foods and beverages during the school day;
- Supporting the healthy advancements being made within schools;
- Ensuring compliance with the USDA's Smart Snacks in School nutrition standards and Florida's competitive food rule;
- Maintaining a school calendar identifying the dates when exempted competitive food fundraisers will occur; and
- Reporting its school's compliance to the person(s) overseeing the local school wellness policy.

A Healthy School Team should include, but is not be limited to:

- Parents;
- Students;
- School Food Service Program Representatives;
- School Administrators;
- School Health Professionals;
- Physical Education Teachers; and
- Community Members.

Students face daily challenges and risks that affect their health and future.

They need parents, school administrators, community members and health representatives who are interested in making a positive impact. Join your Healthy School Team today!

You can learn more about Healthy School Teams at:

FDACS.gov/HealthySchoolTeams

This institution is an equal opportunity provider.



Florida Department of Agriculture and Consumer Services